

Coronavirus update: 16 March 2020 Brigantia Learning Trust (Parents & Carers)

The UK has now moved to the 'delay' phase of the plan to tackle the Covid-19 Coronavirus.

As previously stated, our main priority is to put measures in place which will help prevent further spread to protect our student's /pupils health, welfare and safety as well as that of our staff and visitors.

The latest updates from the Government are:

- The restriction of overseas school visits
- New stay at home guidance

As a Trust we have suspended or cancelled all overseas visits and are assessing all other planned visits on a case by case basis.

New Stay at Home Advice

- › if you have symptoms of coronavirus infection (COVID-19), however mild, do not leave your home for 7 days from when your symptoms started. (See [ending isolation](#) section below for more information)
- › this action will help protect others in your community while you are infectious plan ahead and ask others for help to ensure that you can successfully stay at home
- › ask your employer, friends and family to help you get the things you need to stay at home
- › stay at least 2 metres (about 3 steps) away from other people in your home if possible
- › sleep alone, if possible
- › wash your hands regularly for 20 seconds, each time using soap and water
- › stay away from vulnerable individuals, such as the elderly and those with underlying health conditions, as much as possible
- › you do not need to call NHS 111 to go into self-isolation. If your symptoms worsen during home isolation or are no better after 7 days, contact [NHS 111 online](#). If you have no internet access, call NHS 111. For a medical emergency dial 999

Further information can be found at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-people-with-confirmed-or-possible-coronavirus-covid-19-infection>

Student Absence and self-isolation

If your child needs to self-isolate please report the absence in the normal way to your child's school, stating in your message that they are self- isolating. This will then be allocated a different absence code in accordance to the advice and guidance from the Department of Health and Social Care and Public Health England, and will not be counted as absence.

What does this mean?

As we start to follow this new guidance we will inevitably see a rise in the number of students and staff that have to self-isolate. It is important to remember that this does not mean we have an infection in one of our establishments.

Contact details for support

Check if you need medical help

NHS 111 has an [online coronavirus service](#) that can tell you if you need medical help and advise you what to do.

Use this service if:

- you think you might have coronavirus
- in the last 14 days you've been to a country or area with a high risk of coronavirus – see our coronavirus advice for travellers
- you've been in close contact with someone with coronavirus

The Department for Education has launched a new helpline to answer questions about COVID-19 related to education. Staff, parents and young people can contact the helpline as follows:

Phone: 0800 046 8687 (Opening hours: 8am to 6pm-Monday to Friday)

Email: DfE.coronavirushelpline@education.gov.uk

Support at the Academies

Brigantia Learning Trust Action Line

We've set up a dedicated Action Line to support our Trust and Academy communities, which is open Monday to Thursday 8.45am- 4.30pm, and 8.45am- 4.00pm on a Friday.

0114 232 9017

actionline@brigantiatrust.net

To protect yourself and others, [NHS guidance](#) is to **not** go to a GP surgery, pharmacy or hospital. Please dial 111 instead if you need to speak to someone. This is a 24/7 service.

Supporting one another

Many people may find this a difficult situation for a variety of reasons – it could be concern over their own health, the health of family and friends with underlying health conditions, close contacts who have recently travelled, or they could be feeling anxious about missing studies or work or about disruption to their plans.

It's really important that we come together to show kindness, sensitivity and support to each other.

Our main priority is protecting your children's health, welfare and safety and that of our staff and visitors to the academies and Trust.

If you feel uncomfortable or anxious about Coronavirus for any reason, please contact the Trust Action Line on 0114 232 9017 or actionline@brigantiatrust.net